

# Pool4 - 2019 Employment Application

Northwood Park Improvement Association #4  
 3325 Birchwood Lane, San Jose, CA 95132  
 EMAIL all applications to: [Pool4JobApp@gmail.com](mailto:Pool4JobApp@gmail.com)

Name: \_\_\_\_\_ Birthday: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

City: \_\_\_\_\_ St: CA Zip: \_\_\_\_\_ Email: \_\_\_\_\_

**Number of Hours Preferred to Work (40 hrs max):** \_\_\_\_\_ Note: this is used as a reference only and not a guarantee of actual work hours

**Position(s) Applying for (check all that applies):**

Swim Instructor     Lifeguard     Substitute Swim Instr/Lifeguard    Check all that applies

Certifications:	Yes	No	Currently enrolled	Date Certification Expires
Lifeguarding	_____	_____	_____	_____
CPR/AED	_____	_____	_____	_____
First Aid	_____	_____	_____	_____
WSI	_____	_____	_____	_____

**Work Experience:**

Date	Position	Employer	Telephone/email
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**References:**

Name	Email Address	Telephone	Relationship
_____	_____	_____	_____
_____	_____	_____	_____

**Education:**

Last Grade Completed (2018)    School    Related Activities (swim team, water polo)

\_\_\_\_\_

Availability: Please indicate the time that you would be available to work (e.g. Tues 9am-9pm).

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>5/25/19 - 6/07/19</b>							
<b>6/08/19 - 8/18/19</b>							
<b>8/19/19 - 9/29/19</b>							

Dates NOT available to work (vacation, school start, etc): \_\_\_\_\_

## JOB OPPORTUNITY

### LIFEGUARDS AND SWIM INSTRUCTORS NEEDED!

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Northwood park Pool #4 has openings for full and part-time lifeguards and swim instructors for the SUMMER 2019 SEASON (Late May to mid Sept/October). If you're interested please fill the out attached Job Application and send to [Pool4JobApp@gmail.com](mailto:Pool4JobApp@gmail.com) or you can email to request an application.

- 1) You must be at least 15.5 years of age by end of May 2019. Bring proof of age/driver's license
- 2) **You must have a Red Cross Lifeguard Certification, OR you can participate in AND pass a Red Cross Lifeguard Certification course.**

**PLEASE READ THE FOLLOWING IF YOU ARE NOT A CERTIFIED LIFEGUARD AND WANT TO GET CERTIFIED THROUGH OUR IN-HOUSE RED CROSS LIFEGUARD CERTIFICATION TRAINING. Pre-requisite Skills Needed PRIOR to being signed up for in-house Lifeguard Training/Certification:**

- 1) You must be at least 15.5 years of age by end of May 2019. Bring proof of age/driver's license
- 2) You must be able to swim 300 yards (12 lengths of a 25 yard pool) demonstrating breath control and rhythmic breathing without stopping. This test is not timed.
- 3) You must be able to tread water for 2 minutes using only the legs
- 4) You must be able to do a timed weight-retrieval drill (the Brick) where you swim 20 yards, do a surface dive to a 10-pound weight in 7-10 feet deep water, surface and then swim on your back with the object for 20 yards, and then exit the water without using a ladder or steps. The time limit is 1 minute and 40 seconds. This is an easy time interval for the normal swimmer.
- 5) **In order to demonstrate that you meet the Pre-requisites, you must attend a mandatory "Pre-Test" to be held at Pool4 (3325 Birchwood Lane cross street Corktree Lane)**

**Please email [Pool4JobApp@gmail.com](mailto:Pool4JobApp@gmail.com) to schedule a PRE-TEST DATE.**

**After you have demonstrated that you meet the Pre-requisites described above here are the next steps:**

- 1) Pool4 will pay and sign you up for the **actual Lifeguard Training/Certification class**. **You will need to pass this certification class**
- 2) Once you pass you will be certified for two years. Pool 4 will pay for your training but, will require you to work at least 20 hrs/week through the summer. You may work more hours if desired.